EVENT AGENDA
MEET THE AESTHETIC AND LONGEVITY EXPERTS

DAY 1

08:00–09:00 — Registration
09:00–10:00 — Opening Session
- Welcome speech — organizers & official guest

HALL 1 (Constantin Stere)

10:00–10:30 — Dr. Nour Abou Yehya
ONAD: Powering the New Era of Cellular Longevity
10:30–11:00 — Dr. Ana Baciu
Philosophy: Less Volume, More Regeneration – Structured, Safe, Natural Results
11:00–11:30 — Dr. Diego Araya Bruna
Sculpting the Male Face: Science, Structure and Artistic Precision
11:30–12:00 — Dr. Luz Ortiz
Intelligent Toxin: Elevating Facial Harmony from Upper to Lower Face
12:00–12:30 — Assoc. Prof. Dr. Daniel Costache
The Role of High- and Ultra-High-Frequency Ultrasound in Corrective Dermatology
12:30–13:00 — Dr. Anoob Pakkar-Hull
Aesthetic Medicine at the Cellular Level – Exosomes and Purasomes
13:00–14:00 — Lunch Break

14:00–14:30 — Dr. Abo El Higa Hmam
Rhinocorrection with Hyaluronic Acid
14:30–15:00 — Masha Varnavski
Innovative Strategies for Branding, Digital Visibility, and Patient Engagement in Healthcare
15:00–15:30 — Dr. Irinel Nedelcu
Leading the Field in Regenerative Medicine and Hair Restoration: 30 Years of Clinical Excellence
15:30–16:00 — Dr. Lavinia Bratu
The Architecture of Longevity: Regenerative Nutrition as Biofuel for Stem Cells and Protection Against Glycation (AGEs)
16:00–16:30 — Zack Varkaris
The 3 Laws of Longevity: Improving Women's Health and Life
16:30–17:00 — Dr. Cristina Imre
The Human Model Problem: Designing for Longevity in a Short-Lived World

HALL 2 (Dimitrie Cantemir)

10:30–11:00 — Dr. Mariana Ciupa
Empowering Women to Redefine Aging: The Transformative Power of Hormone Optimization
11:00–11:30 — Dr. Samad Benalla
Aesthetic Gynecology and Biostimulation Panel (Labia Majora, Vaginal Mucosa, PRP, Exosomes)
11:30–12:00 — Prof. Dr. Navneet Magon
From Vaginal Rejuvenation to Cervical Rejuvenation: Building a Successful Practice
12:00–12:30 — Dr. Aurelian Ranetti
Endocrine Optimization for Healthy Aging and Longevity

12:30–13:00 — Dr. Carmen Nicolae
Oral Mucosal Pathology
13:00–14:00 — Lunch Break
14:00–14:30 — Doreliana Bîltean
Psychosexology – Exploring Sexual Identity and Behavior
14:30–15:00 — Prof. Sorin G. Mihali
Smile Architecture Between Dental Aesthetics and Interdisciplinary Facial Harmony
15:00–15:30 — Dr. Alexandra Mircea
Digital Innovation and Human-Centered Oral Healthcare Design
15:30–16:00 — Dr. Alexandru Ghețiu
Facial Aesthetics After Jaw Correction
16:00–16:30 — Maria Olaru
Longevity Starts with 30 Minutes of Daily Movement
16:30–17:00 — Dr. Alina Negru
Atrial Fibrillation: Invasive and Non-Invasive Treatment Approaches

HALL 3 (Avram Iancu)

10:30–11:00— Dr. Alexandru Karkhi
DR. K's Laser & Human Exosomes
11:30–12:00 — Dr. Isidro Rebelo
The multi-pathway regeneration system: Regen3complex
12:00–12:30 — Dr. Cristina Soare
CICALFATE+ Multi-Protective Skin Repair Cream SPF50+
12:30–13:00 — Dr. Sol Tapia
Does Size Matter? BUM BUM Contouring Technique
13:00–14:00 — Lunch Break

14:00–14:30 — Dr. Cristina Soare
Exosomes and Advanced Biological Rejuvenation
14:30–15:00 — Dr. Daniela Trifan
Combined Techniques for Neck, Décolleté and Hand Rejuvenation Using Polynucleotides
15:00–15:30 — Pharm. Alexandra Mihaela Pașitoniu
Beyond SPF: Photoprotection as a Strategic Pillar in Anti-Aging
15:30–16:00 — Dr. Gabriel Mazilu
ELLANSÉ: A Dermal Filler for Natural and Long-Lasting Results
16:00–16:30 — Dr. Anda Pescariu
The Science of Vascular Longevity: Is Ageless Youth Possible?
16:30–17:00 — Dr. Pascal Dameh
Breast Augmentation Under Local Anesthesia

WHAT'S NEW IN AESTHETICS

Foyer of the Plenary Hall, *Palace of the Parliament*

17:00 – 17:15 — Welcome & Opening Remarks
Setting the stage for the future of aesthetic medicine
17:15 – 17:30 — Otravă & Alexandru Muntean
AI Revolution in Aesthetic Medicine
How artificial intelligence is redefining beauty, diagnosis & treatment
17:30 – 17:45 — Dr. Anoob Pakkar-Hull & Sorin Stratulat
Regenerative Aesthetics: The Hair Revival Era
Cutting-edge solutions for hair restoration & scalp rejuvenation
17:45 – 18:00 — Valentin Burada & Codin Maticiuc & Diana Porumb
Longevity Panel - Hack your age
18:00 – 18:15 — Ana Morodan & Dr. Cristina Muntean
Longevity & Beauty from Within
Supplements, lip care & the science of graceful aging
18:15 – 18:30 — Mario Popescu & Andrei Petrișor
Skin Reimagined: Nutrition & Injectable Innovation
From inside-out nutrition to polynucleotides – the future of skin therapies
18:30 – 18:45 — Dr. Samad Benalla & Lavinia Petrea
Embracing Femininity After Childbirth: Insights from Modern Gynecology
Modern approaches to feminine wellness & confidence

WELCOME PARTY

19:00 – 22:00 —
An exclusive evening at the iconic ***Palace of the Parliament (Foyer of the Plenary Hall)***

Dress code: Bridgerton-inspired elegance

A signature opening social experience of **Meet the Experts 2026**, bringing together leading professionals in aesthetic medicine in a refined and historic setting.

The evening blends science, art, and networking through a curated buffet dinner, live DJ performance, and **an avant-garde medical fashion show** presenting innovative, science-inspired medical couture concepts.

An atmosphere designed for high-level connections, meaningful discussions, and an immersive experience where **medicine meets creativity and modern elegance.**

DAY 2

HALL 1 (Constantin Stere)

10:00–10:30 — Doreliana Bîltean
Psychosexology – Exploring Sexual Identity and Behavior
10:30–11:00 — Iuliana Moje
The Role of Virtual Reality in Modern Medical Training and Practice
11:00–11:30 — Dr. Bisan Khalifeh
Starting Smart in Aesthetic Medicine: A Roadmap for New Doctors and Aestheticians
11:30–12:00 — Ramona Todor-Maftei
The Legal Architecture of Modern Medical Collaboration and Telemedicine / Medicine Without Borders
12:00–12:30 — Octavian Bărbuleț
The Physician — Entrepreneur, Manager or Specialist? First, Leader of One's Own Life
12:30–13:00 — Florin Cujbă
Unlocking the Longevity Code: Releasing the Brain's Emergency Brake on Human Performance
13:00–13:15 — Rareș Bănescu
Next-Level Newsletter Marketing

HALL 2 (Dimitrie Cantemir)

10:00–10:30 — Senior Lecturer Dr. Mircea Lupușoru
Redefining Medical Education in Aesthetic Medicine

10:30–11:00 — Dr. Ducu Botoacă
Gluteal augmentation with hyaluronic acid beyond aesthetics: reconstruction and complication correction
11:00–11:30 — Dr. Diana Mihai
Combined Devices and Injectables for Vaginismus
11:30–12:00 — Dr. Nicoleta Ferariu
Vaginoplasty: Techniques and Aesthetic Outcomes
12:00–12:30 — Dr. Nicoleta Ferariu
Rhinoseptoplasty: Advanced Techniques and Outcomes
12:30–12:45 — Dr. Diana Porumb
The Science of Aesthetic Longevity: A Nutritional and Metabolic Perspective
12:45–13:00 — Dr. Andrei Rotmann
Hormonal Modulation for Longevity: from Biohacking Concepts to Clinical Evidence
13:00–13:15 — Dr. Anamaria Hrișcă
Perimenopause and Menopause: The Missing Link in Aesthetic and Longevity Medicine
13:15–13:30 — Diana Palotaș
Neurofeedback and Brain Mapping in Mental Performance and Longevity

HALL 3 (Avram Iancu)

10:30–10:45 — Prof. Dr. Sonya Valkova
Advanced hybrid collagen stimulators based on PDLLA
10:45–11:00 — Dr. Oana Manciu
Facial Rejuvenation Beyond Fillers: Biostimulation, Ultrasound Remodeling and Skin Revitalization with Dermaqual

11:00–11:30 — Mohamad Delbani
Advanced Liposuction Techniques: HD 360, Barbie Waist, Bikini Bridge and BBL
11:30–12:00 — Dr. Raluca Harnagea
The Holistic Approach to Facial Harmony
12:00–12:30 — Dr. Felix Popescu
Allogeneic Hair Transplantation and Emerging Applications
12:30–13:00 — Dr. Rawnak Hamed
Combined Facial Rejuvenation Procedures
13:00–13:30 — Dr. Fabian Gurau
Next-Generation Breast Augmentation with CEREFORM Implants

WORKSHOPS

14:00 – 17:00 — Hands-on Clinical Workshops
Hosted across multiple partner clinics in Bucharest.
Available exclusively for Full Access ticket holders.

Participants may rotate freely between workshops within the allocated time, allowing access to multiple clinical experiences and practical, hands-on sessions.

This dynamic and interactive format is designed to enhance clinical skills, provide exposure to advanced aesthetic and regenerative techniques, and facilitate direct engagement with leading international experts.

FACIAL AESTHETICS & REGENERATIVE MEDICINE

- Sculpting the Male Face: Science, Structure & Artistic Precision
- Non-Surgical Rhinoplasty with Hyaluronic Acid
- Full-Face Approach with Botulinum Toxin
- Combined Regenerative Protocols with Exosomes
- Face, Neck & Hand Rejuvenation with Polynucleotides & Hyaluronic Acid

INTIMATE & REGENERATIVE GYNECOLOGICAL AESTHETICS

- Vaginal Rejuvenation with Exosomes & Hyaluronic Acid
- PRP & Laser-Based Vaginal Rejuvenation
- Radiofrequency Vaginal Therapy & Electrostimulation
- Magnetic Stimulation & Regenerative

GALA DINNER

20:00 – 01:00 —
Autotrade Bucharest Trade Center*, Piața Montreal 10, Bucharest*

Dress code: Black Tie & Red Carpet Dress

An exclusive red-carpet evening celebrating excellence, innovation, and leadership in aesthetic medicine.

The evening opens with **a red carpet arrival experience** and official photo moment, followed by a refined fine dining dinner in an elegant setting designed for high-level networking and meaningful connections between international experts and guests.

Guests will enjoy live entertainment, curated artistic moments, and **a unique luxury car showcase**, adding an exclusive automotive experience to the evening atmosphere.

A signature highlight of **Meet the Experts 2026**, combining science, prestige, and lifestyle into an unforgettable celebration of modern aesthetic medicine.

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SEE YOU THERE!



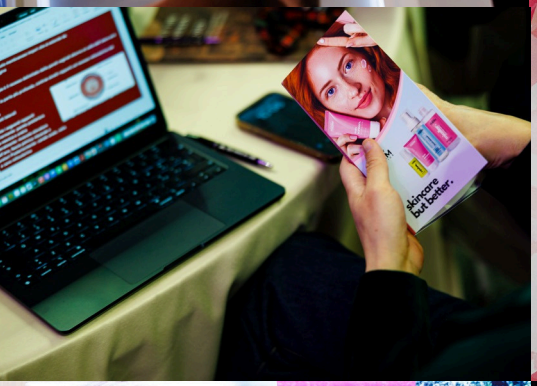

ROSA CONTROL




Swixx BioPharma
BELOTERO REVIVE
pentru un aspect luminos


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Mastelli
Bio-regeneration


skincare but better.


Bio-regeneration
Juliette Armand
THE PERSONAL PROFESSIONAL SKINCARE


SCULPTRA
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SECRETOMES
NOT JUST EXOSOMES



